

MENTAL HEALTH
RESIDENTIAL RESOURCE
GUIDE

For the Southeast Counties of Pennsylvania

BUCKS COUNTY



CHESTER COUNTY



DELAWARE COUNTY



MONTGOMERY COUNTY



PHILADELPHIA COUNTY

Compiled by
The Regional Mental Health Services Coordination Office
www.5countymh.org

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COUNTY RESIDENTIAL SERVICES / CAPACITY

Program/Service Type	Bucks (source: Bucks County Overview 2006)	Chester Source Chester County MH/MR 2/07	Delaware (Source: Delaware County Directory of Residential Services FY 06/07 Inventory)	Montgomery Source: Montgomery County MH/MR 2/07	Philadelphia Source: Philadelphia DBH 2/07
	"x" indicates services available	"x" indicates services available	"x" indicates services available	"x" indicates services available	"x" indicates services available
Community Residential Rehab					
<i>intensive or other specialized therapeutic level</i>	14	x	41		107
<i>maximum/ full care</i>	35	94	70	76	246
<i>moderate care</i>	34	6	47	24	85
Supported Living Program	130	143	89	267	694
<i>other specialized</i>		8 forensic		varied	475
<i>Progressive Demand residence(PDR)</i>					316
<i>Shelter / Safe Haven</i>	X			50	180
Specialized Personal Care Residences		4	98	47	X
Crisis Residential Program		X		8	30
Respite Care	9	3			X
Long Term Structured Residences	regional only	regional only	16 and regional	regional only	128
Adult Residential Treatment					46
Modified Therapeutic Community				15	X
Other – variety of types and funding sources	X	X	51	X	X

Listing updated March 2007

This document is a compilation of mental health residential programs and support services offered through the County Mental Health Programs. Each County has provided this information which was brought together in this Mental Health Residential Resource Guide.

The following are terms related to residential services within the five Southeast Counties. They are divided into the following categories (1) types of residential programs; (2) specialty services; and (3) special populations. Each program definition contains an indication of whether the program is intended to be permanent or transitional and whether it is typically licensed or unlicensed. Programs are presented in alphabetical order. Non Residential Ancillary Services are also defined.

Types of Residential Programs – Psychosocial Rehabilitation Focus

Assisted Living. This designation is for settings that provide a continuum of service from independent living to 24-hour support depending on the needs of the residents. These programs are not licensed. They are intended to be permanent.

Community Residential Service (CRR). This program is licensed by OMHSAS under Title 55, Chapter 5310. Unless defined as a Maximum CRR, which has 24 hour per day staff coverage, a CRR provides a range of staff support of less than 24 hours per day. This program is intended to be transitional, with individuals moving to another level of care.

Domiciliary Care. This program is licensed by the Department of Aging under Title 6, Chapter 21. The maximum size is three people. This is a generic program available to individuals with a range of disabilities (not just mental illness) or to individuals who are elderly. The proprietor provides services to the residents that are similar to those available in Personal Care Boarding Homes, described below. These programs are usually intended to be permanent

Family Living. This is placement in a home with a family of any size, not necessarily related individuals. One member of the family is identified as the primary support staff person for the resident. When adults are served, family living is generally not licensed. When children are served, it is licensed by OMHSAS as Host Home under Title 55, Chapter 3510 (CRR). These programs may be permanent or transitional.

Halfway House. This is a D&A model. Currently it is used only for individuals with co-occurring mental illness and substance abuse (MISA). Up to 20 hours per week of on site staff support is available. It is licensed by the Department of Health as an Inpatient Non-Hospital Program, under Title 28, Chapters 704 and 709. These programs are intended to be transitional.

Long Term Structured Residence (LTSR). This program is licensed by OMHSAS under Title 55, Chapter 5320. It provides 24 hour, intensive staff support. In the Southeast Region, it is always a secure setting, even though the licensing regulations allow for open settings. LTSR has a maximum of 16 beds. These programs are usually intended to be permanent placements.

Personal Care Boarding Homes (PCBH). This program is licensed by the Department of Public Welfare under Title 55, Chapter 2620. The minimum size is four people. There is no maximum size. This is a generic program, available to individuals with a range of disabilities (not just mental illness) or to individuals who are elderly. It provides assistance in four areas: activities of daily living,

budgeting, medication management and meal preparation. These programs are usually intended to be permanent.

Respite. This is very short-term placement, usually in a family or other community setting that is designed to provide relief from stressful situations. It is used as an alternative to inpatient psychiatric admission or as a step down from inpatient service. Respite may also be used to provide relief for family members. Respite services may be emergency or planned. It is not licensed.

Small Residence. This designation is for programs that serve three or fewer people with 24-hour coverage. They may be licensed by OMHSAS under Chapter 5310 (CRR) or unlicensed. These programs are intended to be permanent.

Supported Living. This program provides staff support in a variety of areas, including personal care, use of leisure time, budgeting, etc. There are two levels of supported living. **Intensive Supported Living** provides 24-hour staff coverage. **Supported Living** provides staff support of less than 24 hours per day. In both of these models, staff have a defined set of residences that are supported. **Mobile Supported Living** provides staff who are assigned to consumers no matter where they live. Supported Living programs are not licensed. They may be permanent or transitional.

Types of Residential Programs – Intensive Therapeutic Focus

Crisis Residential. This is very short term residential service, generally no more than five days, intended as an alternative to admission to an inpatient psychiatric unit. This program is not licensed, but OMHSAS approves it using guidelines contained in OMH Bulletins 92-16, dated October 15, 1992 and 93-10, dated August 9, 1993.

Residential Inpatient Non Hospital (RINT). This designation is used only in Philadelphia. Usually it has a dual license as a CRR under Title 55, Chapter 5310 and as D&A Inpatient Non-Hospital, under Title 28, Chapters 704 and 709. These programs are transitional.

Residential Treatment for Adults. (RTFA). This is an intensive therapeutic treatment setting for adults. It provides short-term services, generally not more than 30 days. RTFA may be provided as part of a larger psychiatric inpatient unit in which case it operates under the inpatient license. Free standing RTFA is licensed by OMHSAS under Title 55, Chapter 5100. Additional guidelines for RTFA are contained in a memorandum from the Deputy Secretary for Mental Health dated November 6, 1995.

Residential Funding – Generic Focus

Home Ownership. This is a program to assist consumers to purchase their own homes. A variety of mental health and other funding sources are used to support home ownership.

Supplemental Financial Supports. This includes funding through McKinney, PATH, Section 8 certificates, Tenant Based Rental Assistance, County MH, and Section 202 among other sources to assist individuals with paying for the costs of housing. These funds may be used to offset a portion of the rent/mortgage, to assist with utilities and for other “hard costs” of maintaining a residence. These

funds are available to supplement the cost of agency leased/owned settings or individually leased/owned settings.

Specialty Services

Behavior Shaping. These services are specifically focused on assisting individuals to develop alternatives to problematic behavior which significantly interferes with their ability to live in the community.

Crisis. These are services designed to intervene in emergency situations. Crisis services are voluntary and may be mobile or available from a fixed site.

Low Demand/Progressive Demand. These settings are intended to get people off the streets and out of shelters. They provide safe settings with minimal demands on the resident.

Medically Enhanced. This term indicates the availability of nursing and medical services on a planned basis within the program

Modified Therapeutic Community. This designation is used for a clinical approach to serving individuals with co-occurring mental illness and substance abuse (MISA) that meets generally accepted professional standards.

Sexual Behavior. These services are specifically focused on assisting individuals to develop alternatives to aberrant sexual behavior which significantly interferes with their ability to live in the community.

Shelter Services. This is emergency or short-term housing for individuals who are homeless. It may be funded through mental health or other sources.

Step Down. This term is used to identify a program that is specifically designed to be a resource to residents of a higher-level service when they are ready to move to a lower level of care.

Special Populations

Aging Out. This designation is for individuals who are currently in children's mental health services, such as RTF or BHRS and who are in the process of transferring to the adult mental health system. It may also designate individuals who have cycled through children's mental health services but never connected. It usually means individuals in the 18-25 year age category. Individuals in this category may be receiving services from the child mental system and the adult mental health system simultaneously.

Deaf/Hard of Hearing. This designation is for individuals whose hearing capacity requires alternative communication – e.g. sign language, total communication.

Forensic. This designation is for individuals who are or have been involved in the criminal justice system and for whom this involvement is an important factor in their lives.

Geriatric. This designation is for individuals age 60 and over, except when in an LTSR, when the individuals must be 65.

Homeless. This designation is for individuals who do not have a permanent place to live

Lesbian/Gay/Bisexual/Transgendered (LGBT). This designation is for individuals who self identify their sexual orientation or gender as indicated.

Medically fragile. This designation is for individuals whose medical problems are a significant element in their lives. *Programs designed to serve these individuals should always designate the age range to be served.*

Mental Retardation. This designation is for individuals who are also eligible for community mental retardation services. This is defined as significantly sub average general intellectual functioning that is accompanied by significant limitations in adaptive functioning in at least two of the following skill areas: communication, self-care, home living, social/interpersonal skills, use of community resources self-direction, functional academic skills, work, leisure, health and safety. The onset must occur before the individual's 22nd birthday. Further information is included in MR Bulletin #4210-02-05

MISA. Mentally Ill Substance Abuse. This designation is for individuals with co occurring mental health and substance abuse problems. It replaces MICA and co-occurring.

Physically Disabled. This designation is for individuals whose physical capacities require adaptations to the facility.

Post Traumatic Stress Disorder (PTSD). This designation is for individuals who have been diagnosed with PTSD.

Seriously Mentally Ill (SMI). This designation is for individuals who meet the PA OMHSAS definition of Seriously Mentally Ill contained in MH Bulletin Number 94-04.

Traumatic Brain Injury (TBI)/Cerebrally Compromised. This designation is for individuals whose cognitive capacity has been impaired by accident, illness or other event after the age of 22.

Young Adult. This designation is for individuals age 18 to 25 who are going through their first experience of serious mental illness (first break).

Ancillary Services to support housing

Community Treatment Team. This designation is for programs that substantially meet the standards outlined in OMHSAS Draft Regulations Title 55, Chapter 5215.

Mental Health Enhancements. This designation is for programs which bring mental health expertise into other human service settings, such as personal care boarding homes, nursing homes or substance abuse services.

Mobile Services. This designation is for programs that are delivered “in the field” rather than at a particular location. Mobile services always include a modifier such as:

- **Mobile Treatment Team.** This team focuses specifically on the individuals' clinical needs.
- **Mobile Psychiatric Rehabilitation.** This service focuses specifically on the individuals' rehabilitation needs. Standards are included in Psychiatric Rehabilitation Medical Necessity Criteria and Standards, Second Edition, Dated February 1, 2001.
- **Mobile Crisis Intervention.** This service focuses is available to intervene in crisis situations. OMHSAS approves Mobile Crisis Intervention using guidelines contained in MH Bulletin #92-16 and #93-10.

Outreach. This designation is for programs that are designed to locate, engage, assess, intervene and link individuals. Outreach services are fundamentally mobile and may specialize in specific locations, such as personal care boarding homes or shelters, or in special populations, such as MISA or forensic.

PACT Team. This designation is for programs that substantially meet the standards outlined in the NAMI publication The PACT Model. A Manual for PACT Start-Up.

Psychiatric Rehabilitation. This designation is for programs that meet the OMHSAS standards contained in Psychiatric Rehabilitation Medical Necessity Criteria and Standards, Second Edition, dated February 1, 2001.

Vocational Services. This designation is for programs that focus on developing employment skills, finding employment and supporting individuals on the job

**Bucks County Office of Mental
Health/ Mental Retardation**

**600 Louis Drive Suite 101
Warminster, PA 18974
215-442-0760**

http://www.buckscounty.org/services/hotlines/mental_health.htm

Residential Services

❖ **Community Residential Rehabilitation Services (CRR)**

- 3 levels
 - **Intensive CRR**
 - Staffed 24 hours a day with awake staff.
 - **Maximum CRR**
 - Staffed 24 hours a day, on-site staff overnight.
 - **Moderate CRR**
 - Staffed a minimum of 3 hours a day.

❖ **Supported Living Program (SLP)**

- Long term permanent housing with support services.
- Supports vary with the needs of the residents.
- All residents have case management available to them.

❖ **MH/D&A Houses**

- 1 house for 8 males, 1 house for 8 females.
- SLP with a rehabilitation component tailored to meet the needs of consumers with MH/D&A issues.

❖ **MH Adult Respite Care**

- Countywide program, 2 locations.
- Lower Bucks - 5 bedroom house.
- Central Bucks - 4 bedroom house.
- Available 24 hours a day, 7 days a week.
- 24 hours staffing.
- Residents must participate in programming during the day, either outside or within the residence.
- Handicapped accessible.
- Has the capacity to act as a diversion for people who do not meet the involuntary criteria for hospitalization.
- Serves as a step-down from inpatient hospitalization.
- Can be utilized as planned respite.

❖ **Housing Support Services**

- Program administered through PennDel Mental Health.
- **PATH** (Program Assistance in Transitioning from Homelessness)
 - Mental Health services combined with housing assistance for individuals with a mental illness who are homeless.
- **Penn Foundation Alumni Program** (Call CRR phone number for information)
 - Post CRR housing assistance services.

- **Supplemental Housing Supports**
 - Limited resources available for individuals to subsidize emergency residential situations.
 - Must go through the BSUs to access funds.
 - County CHIPP's Director authorizes expenditures.

- ❖ **Housing Services Provided By:**
 - **Respite Care** (capacity 9 adults)
 - **Lenape Valley Foundation**
 - (215-345-7523) Central Bucks
 - (267-580-1031) Lower Bucks
 - Fax: (215-345-1303) use for both sites
 - Handicapped accessible.

 - **Intensive CRR** (capacity 14 adults)
 - **Penndel Mental Health**
 - (215-826-1720)
 - Fax: (215-826-0984)

 - **Maximum CRR** (capacity 35 adults)
 - **Penn Foundation** (capacity 9 adults)
 - (215-453-5166)
 - Fax: (215-257-6570)

 - **Lenape Valley Foundation** (capacity 14 adults)
 - (215-345-8459)
 - Fax: (215-345-5347)

 - **Northwestern Human Services of Bucks County** (capacity 12 adults)
 - (215-245-5673)
 - Fax: (215-245-5903)

 - **Moderate CRR** (capacity 34 adults)
 - **Lenape Valley Foundation** (capacity 14 adults)
 - (215-345-5098)
 - Fax: (215-345-5347)

 - **Northwestern Human Services of Bucks County** (capacity 6 adults)
 - (215-245-5673)
 - Fax: (215-245-5903)

 - **Co-Mans** (capacity 14 individuals*)
 - (215-750-7526)

- Fax: (215-750-7445)
- *3 are for young adults (age 18 to 25).
- **Supported Living** (capacity 126 adults)
 - **Penn Foundation** (capacity 9 adults)
 - (215-453-5166)
 - Fax: (215-257-6570)
 - **MH/D&A House** (capacity 16 adults)
 - Handicapped accessible; (1 male house, 1 female house).
 - Transitional housing.
 - Male House: (215-453-5191), Fax: (215-453-5192)
 - Female House: (215-257-0895), Fax: (215-453-5186)
 - **Lenape Valley Foundation** (capacity 13 adults)
 - (215-345-5300 x 125)
 - Fax: (215-345-5347)
 - **Penndel Mental Health** (capacity 26 adults)
 - (215-826-1720)
 - Fax: (215-826-0984)
 - **Northwestern Human Services of Bucks County** (capacity 21 adults)
 - (215-245-5673)
 - Fax: (215-245-5903)
 - **Co-Mans** (capacity 28 adults)
 - 14 are handicapped accessible.
 - (215-750-7526)
 - Fax: (215-750-7445)
 - **Milestones** (capacity 13 adults)
 - 4 are handicapped accessible.
 - (215-884-5566)
 - Fax: (215-885-1746)

CHESTER COUNTY DEPARTMENT OF MENTAL HEALTH/MENTAL RETARDATION

601 Westtown Road, Suite 340
West Chester 19380
Phone: 610-344-6265

<http://dsf.chesco.org/mhmr/site/default.asp>

Residential Level of Care	Program (Agency)	Capacity	Special Services
Maximum Care CRR	Marsh Creek (Carelink)	4 male	
	Beacon Drive (Carelink)	4 male/female	
	Indiantown Road (Carelink)	5 male	MISA
	Racquet Club Apts. (Holcomb)	18 male/female	Apartment based
	Newlin House (Holcomb)	7 male/female	Intensive CRR for consumers with special needs.
	Pine Drive (Horizon House)	5 female	
	Green Lane (Horizon House)	4 female	
	Price Street (Human Services)	6 male/female	
	Chestnut Street (Human Services)	12 male/female	
	Bradford Avenue (Kelsh)	7 male/female	
	Goosetown Road (Kelsh)	7 female	
	Timacula Road (Kelsh)	8 male/female	Provides services to elderly consumers.
	Vivian Drive	7 male/female	Has in-law suite for individuals who are moving towards independence.
Moderate Care CRR	Racquet Club Apts. (Holcomb)	6 male/female	Apartment based
Specialized PCBH	Jessica's Haven (Evan's Management)	4 male	Provides services for consumers with sexually deviant behaviors.
Forensic Halfway House	Human Services, Inc.	8 male	Shelter plus care residence.
SLA	Holcomb	30-35 slots	
	Horizon House	50 slots	Enhanced supportive living program that provides more intensive services.
	Kelsh	6 slots	
	Liberty House (Human Services)	52 male/female	Permanent housing with subsidized rent. SRO, one and two bedroom units. Accepts families with children.
Respite	Racquet Club (Holcomb)	2 male/female	Apartment based
	Forensic Halfway House (Human Services)	1 male	
Other:	Fellowship Health Resources (Paradise Street)	4 male, 4 female	Two adjacent rown homes converted to apartments.

**DELAWARE COUNTY OFFICE OF
BEHAVIORAL HEALTH**

**20 S. 69th Street
Upper Darby, PA 19082
Phone: 610-713-2365
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<http://www.co.delaware.pa.us/humanservices/obh/behavhealth.html>

Delaware County Office of Behavioral Health Community Residential Services

Source: CRS Inventory Descp 06 07.doc Rev. May 06

FY 2006-07 Program Descriptions

The Office of Behavioral Health (OBH) Mental Health Division maintains an inventory of Community Residential Services (CRS) to meet the housing needs of persons with serious mental illnesses. Currently, in Fiscal Year 06-07, there are ten different types of contracted mental health housing services operating throughout Delaware County. Due to the federal class action in 1998 and the subsequent closure of Haverford State Hospital, the number and type of mental health residential programs has increased dramatically. Currently there are 47 facility-based residential sites with a capacity of 340 beds. Coupled with the scattered-site apartment capacity of 72 beds, the overall CRS capacity can serve up to 412 individuals at any point in time. Referral and authorization are through OBH, utilizing the standardized CRS Referral Packet, unless otherwise indicated in the following program descriptions.

1. Community Residential Rehabilitation (CRR)

CRR programs are specifically designed as transitional residences to assist persons with serious mental illnesses to acquire the skills to live as independently as possible. CRR facilities provide housing, assistance with activities of daily living and apartment management skills, and linkages to case management, vocational, psychiatric and social rehabilitation, and treatment services. CRR programs utilize a psychosocial rehabilitation model and provide services under Department of Public Welfare (DPW) licensure. There are three levels of care *Special Needs, Full, and Partial* that are distinguished by the level of functioning of the consumers served and the intensity of staff supervision and rehabilitation skills training services. As transitional residences, CRR placements are generally time-limited. Consumers are encouraged to move to less restrictive levels of care or independent living when assessed to be individually ready. There are a total of 133 CRR beds in 12 apartment facilities in Delaware County.

Special Needs CRR

Operating with intensified staffing levels, Special Needs Maximum and Moderate CRR offers consumers the opportunity to live in an apartment-based setting with supportive rehabilitation and socialization services designed to meet their individual needs. Special Needs Maximum staff coverage is 24-hour, while Moderate provides 24-hour coverage on an as-needed basis. After a successful period of residency in Special Needs CRR programs, residents are individually assessed to determine readiness for transition to Full or Partial Care CRR, other residential programs, or independent living options. There are three Special Needs CRR programs with 24 total beds.

Full Care CRR

Operating with 24-hour staffing, Full Care CRR offers consumers the opportunity to live in any of five apartment-based settings with somewhat less intensive staffing and services than that provided by Special Needs Maximum CRR. Following an average eighteen-month length of stay, residents typically transition to Partial Care CRR, other residential programs, or independent living options as applicable.

There are a total of 62 Full Care CRR beds available.

Partial Care CRR

Operating with varying levels of daily staffing, Partial Care CRR offers consumers the opportunity to live in three apartment-based settings with a range of staff coverage from Moderate through Minimum levels of supervision. Moderate CRR coverage is on-site daily with somewhat fewer staffing hours than Special Needs Moderate CRR provides. Minimum CRR coverage provides a similar staffing arrangement to Moderate, but with lesser hours of daily coverage. Partial Care CRR has some overnight staff coverage in Moderate CRR programs only. Following an average eighteen-month length of stay, residents typically transition to a less restrictive level of Partial Care or move directly to independent living. There are a total of 47 Partial Care CRR beds available.

2. Specialized Community Residential Rehabilitation (SCRR)

Specialized CRR is a category of residence designated for one group home and three apartment-based programs serving persons who need longer-term and more staff intensive placement than other types of CRR provide. These programs operate under CRR regulations and DPW licensure, with service plans designed to meet the special individual needs of the consumers served. Staff coverage is provided on a 24-hour, Full Care, maximum supervision level. Linkages to case management, vocational, psychiatric and social rehabilitation, and treatment services are arranged as applicable for each resident. When appropriate and desirable, residents may move to other less restrictive types of housing anywhere along the residential continuum. The capacity of the four SCRR programs is 25 beds.

3. Specialized Personal Care Home (SPCH)

SPCH programs utilize a group home model to provide a long-term, non-time-limited housing resource that is complementary to CRR. Currently there are 12 SPCH programs licensed by DPW, Office of Mental Retardation. They provide 24-hour staff coverage, congregate prepared meals, laundry and personal care services as individually needed. Populations with special needs including medical fragility, and behavioral disorders receive individualized service planning to support successful residency. Linkages to case management, vocational, psychiatric and social rehabilitation, and treatment services are arranged as applicable for each resident. Residents stay as long as they need or desire to remain in the SPCH facilities. When appropriate and desirable, residents may move to other less restrictive types of housing anywhere along the residential continuum. There are a total of 98 SPCH beds.

4. Supported Housing Service (SHS)

SHS programs provide facility-based and scattered-site residential options that do not require licensure for community living. Four facility-based apartment programs with 24-hour staff coverage serve 20 persons assessed to need longer-term and more staff intensive placement than scattered-site placements provide. 25 scattered-site apartments are available, supported by outreach staffing on an individual need basis. Both SHS options provide assistance with activities of daily living and apartment management skills. Linkages to case management, vocational, psychiatric and social rehabilitation, and treatment services are provided as needed. Residency in all SHS programs is non-time-limited. When appropriate and desirable, residents of facility based SHS programs may move to less restrictive scattered site apartment. Some SHS consumers reside in Section 8 subsidized or SHS shallow rent subsidized apartments, while others live in low rent units. Scattered site SHS referral is through Horizon House. There are 62 total beds available through SHS apartment programs.

5. Three Person Residences (TPR)

TPR programs provide a long-term, non-time-limited housing resource utilizing a single family home model that does not require licensure. TPR residences offer staffing on an intensive, 24-hour basis, and provide congregate meals, laundry and assistance with activities of daily living. Linkages to case management, vocational, psychiatric and social rehabilitation, and treatment services are arranged as applicable for each resident. Residents may stay as long as they need or desire to remain in the TPR facilities. When appropriate and desirable, residents may move to other less restrictive types of housing anywhere along the residential continuum.

There are nine TPR programs with a total of 27 beds.

6. Long-Term Structured Residence (L TSR)

The L TSR facility houses persons under voluntary (201) or involuntary (304, 305) commitments in a highly structured, DPW licensed, staff intensive residential milieu. The L TSR provides a 24-hour therapeutic environment that uses active psychiatric treatment, nursing and psychosocial rehabilitation skills training. Residential treatment services are highly individualized and delivered within the secure, homelike, community based L TSR environment. Linkages to case management, vocational, psychiatric and social rehabilitation, and treatment services are arranged as applicable for each resident, although a complement of day program and

recreational services are provided on-site. Residents have individualized lengths of stay, but will be able to remain in the L TSR as long as they remain in need of this level of care. When appropriate and desirable, residents may be considered for movement to other less restrictive types of housing anywhere along the residential continuum. The L TSR has a total of 16 beds.

7. Specialized Residences for the Homeless Mentally III (SPRES)

SPRES programs combine housing and housing support services targeted to persons with a mental illness who are also homeless. The county maintains two sites, each with two, two-bedroom apartment units. SPRES programs do not require licensure. Staffing is provided on an outreach basis only, with linkages to case management, vocational, psychiatric rehabilitation and treatment services arranged as applicable for each resident. Individuals are encouraged to transition to more permanent, independent living arrangements when appropriate and financially feasible. Referral is directly through Horizon House, the contracted service provider. The SPRES can serve eight individuals, or four families, or a combination of single individuals and families based upon referral demand and bed availability. Maximum SPRES capacity is eight beds.

8. Supportive Housing Programs for the Homeless (SHP)

SHP programs are funded and regulated by the U.S. Department of Housing and Urban Development (HUD) and operated by the Delaware County Housing Authority (DCHA) in conjunction with non-profit supportive service agencies. OBH contracts for one SHP program providing 13 facility-based beds at four locations in the greater Darby area, and 10 scattered-site apartments countywide. Referral is directly through Horizon House, the contracted supportive service provider. HUD homeless and DCHA financial eligibility criteria must be met before an admission to the program can be approved. As a permanent housing program, the length of stay is non-time-limited. Staffing is provided regularly at one site and on an outreach basis for all other clients as needed. Linkages to case management, vocational, psychiatric and social rehabilitation, and treatment services are arranged as applicable. SHP capacity is 23 households, comprised of single individuals, families, or combinations of individuals and families.

9. Projects to Assist the Transition from Homelessness (PATH) Housing First

In response to the federal U.S. Department of Housing and Urban Development (HUD) requirement to develop a local strategy to end chronic homelessness, the County established a PATH Housing First component within the homeless Continuum of Care. This program adds a supported living outreach service to the PATH homeless outreach and engagement program serving homeless persons with mental illness and co-occurring substance abuse disorders. PATH Housing First provides direct access to permanent housing for those chronically homeless persons living on the street or in emergency shelters. Residents also receive case management, treatment and rehabilitative services from behavioral health providers in the community. Housing costs are subsidized by a variety of local, state and federal tenant-based rental assistance (TBRA) funding streams. Referral is directly to Horizon House. PATH Housing First resident capacity may vary depending upon authorized levels of TBRA subsidy funding. Current PATH Housing First capacity is 12 countywide, scattered-site beds.

10. Shelter Plus Care (S+C)

In concert with the federally required strategy to end chronic homelessness, OBH has become the applicant for a S+C grant through the U.S. Department of Housing and Urban Development (HUD). This is the County's sixth S+C grant, and is funded to provide tenant-based rental assistance (TBRA) to eight chronically homeless individuals in scattered-site apartment locations throughout Delaware County. Referral and access to S+C6 is managed by the PATH Housing First Implementation Committee. S+C6 is a permanent housing resource that receives supported living outreach services from the PATH Housing First program. Residents also receive case management, treatment and rehabilitative services from behavioral health providers in the community. The value of the behavioral health services are tracked and used as match for federal TBRA funds. OBH also has access to earlier S+C projects (2,3,4, and 5) that are administered by the Delaware County Housing Authority. Referral and access to these S+C projects are coordinated through the Delaware County Local Housing Options Team (LHOT). Current S+C6 capacity is eight countywide, scattered-site beds.

Information as of July 1, 2006

Residential Type	Service Provider	Description of Residence	Location	Slot Capacity
CRR	CareLink CSS	Special Needs/Maximum	Media	8
CRR	CareLink CSS	Full Care/Maximum	Crum Lynne	12
CRR	CareLink CSS	Partial Care/Moderate	Lansdowne	8
CRR	CareLink CSS	Partial Care/Moderate	Lansdowne	9
CRR	CGRC Meson	Full Care/Maximum	Boothwyn	8
CRR	CGRC Meson	Full Care/Maximum	Drexel Hill	9
CRR	Holcomb BHS	Full Care/Maximum	Upper Darby	23
CRR	Holcomb BHS	Special Needs/MISA	Drexel Hill	10
CRR	Horizon House	Full Care/Maximum	Prospect Park	10
CRR	Northwestern HS	Special Needs/Moderate	Secane	6
CRR	Northwestern HS	Partial Care/Moderate	Secane	20
CRR	Northwestern HS	Partial Care/Minimum	Secane	10
Total	All Providers	Community Residential Rehabilitation (CRR)	Countywide	(133)

Residential Type	Service Provider	Description of Residence	Location	Slot Capacity
SCRR	CareLink CSS	Full Care/Maximum	Wallingford	6
SCRR	CareLink CSS	Full Care/Maximum	Clifton Heights	6
SCRR	Northwestern HS	Full Care/Maximum	Springfield	7
SCRR	CGRC Meson	Full Care/Maximum	Boothwyn	6
Total	All Providers	Specialized Community Residential Rehab (SCRR)	Countywide	(25)
SPCH	CareLink CSS	Torrey House	Haverford	17
SPCH	Elwyn	Friendship Hall	Elwyn	8
SPCH	Elwyn	Rainbow House	Elwyn	6
SPCH	Elwyn	White House	Elwyn	5
SPCH	Elwyn	Spring haven	Elwyn	8
SPCH	Elwyn	Harmony Hall	Elwyn	16
SPCH	Elwyn	Pine Place	Elwyn	3
SPCH	Elwyn	Skyline Manor	Glen Mills	6
SPCH	Northwestern HS	Gentlemen's Home	Aston	5
SPCH	Northwestern HS	Sylvan House	Rutledge	8
SPCH	Impact Systems	Keystone Learning Ctr. (Boothwyn House)	Boothwyn	8
SPCH	Holcomb BHS	Cherry Tree	Aston	8
Total	All Providers	Specialized Personal Care Homes (SPCH)	Countywide	(98)

Residential Type	Service Provider	Description of Service	Location	Slot Capacity
SHS	Horizon House	Clustered Site	Lansdowne	5
SHS	Horizon House	Scattered Sites	Countywide	25
SHS	Elwyn	Clustered Site	Parkside	6
SHS	Impact Systems	Belfield Residence	Upper Darby	3
SHS	CareLink CSS	Clustered Site	Folcroft	6
SHS	CareLink CSS	Scattered Sites	Countywide	6
SHS	Northwestern HS	Clustered Site	Upland	11
Total	All Providers	Supported Housing Services (SHS)	Countywide	(62)
TPR	CareLink CSS	Concord Residence	Haverford	3
TPR	Holcomb BHS	Kirk Residence	Media	3
TPR	Impact Systems	Scarlett Residence	Aston	3
TPR	Northwestern HS	Cloverly Hi! Residence	Broomall	3
TPR	Northwestern	Locksley Residence	Glen Mills	3
TPR	Community Interactions	Bullens Residence	Wallingford	3
TPR	Community Interactions	Brookside Residence	Newtown Square	3
TPR	Community Interactions	Verona Residence	Broomall	3
TPR	Horizon House	Yale Residence	Morton	3
Total	All Providers	Three Person Residences (TPR)	Countywide	(27)

Residential Type	Service Provider	Description of Residence	Location	Slot Capacity
LTSR	Northwestern Human Services	Upland Woods	Upland	16
Total	All Providers	Long Term Structured Residence (LTSR)	Countywide	(16)
SPRES	Horizon House	Glenside Residence	Holmes	4
SPRES	Horizon House	Lemon Residence	Media	4
Total	All Providers	Specialized Residence Homeless (SPRES)	Countywide	(8)
SHP	Horizon House	Clustered Sites	Darby	13
SHP	Horizon House	Scattered Sites	Countywide	10
Total	All Providers	Supportive Housing Program Homeless (SHP)	Countywide	(23)
PHF	Horizon House	Scattered Sites	Countywide	12
Total	All Providers	PATH Housing First (PHF)	Countywide	(12)
S+C	Horizon House	Scattered Sites	Countywide	8
Total	All Providers	Shelter Plus Care (S+C)	Countywide	(8)
Total	All Providers	All Community Residential Services	Countywide	(412)

**MONTGOMERY COUNTY OFFICE
OF MENTAL HEALTH/MENTAL
RETARDATION/DRUG AND
ALCOHOL**

**PO Box 311
Human Services Center
Norristown, PA 19404**

<http://www.montcopa.org/mhmrda/>

Montgomery County Mental Health System

Residential Programs

Full Care CRR

The Full Care CRR programs are a supervised licensed residential program designed to assist the individual in the development of daily living skills and social supports. The Full Care CRRs provide 24-hour staffing. These programs are time limited and intended to be transitional with people moving on to more independent living arrangements.

Moderate Care CRR

The Moderate Care CRR programs are licensed residential programs designed to assist individuals in the areas of life skills training and social supports. Moderate Care CRRs do not provide on site staffing 24-hours. Moderate Care CRR's provide staffing as needed for the individuals served and vary from program to program.

Personal Care Homes

Personal Care Homes are licensed facilities that provide long-term specialized supports to individuals needing assistance in the areas of daily living skills, medication management, laundry nutrition management and meal preparation. Personal Care Homes provide 24-hour staffing. Traditionally these programs have served individuals who are being discharged from Norristown State Hospital, or who have a very high level of daily needs.

Long-Term Supported/Specialized Living

Supported Living and Specialized shared housing programs offer support services and/or housing assistance to individuals with mental illness. Generally these are shared apartments in the community where a person can stay as long as he or she desires. Support services vary according to the individual's needs and preferences. Some specialized programs have been designed to offer supports to individuals who are being discharged from Norristown State Hospital.

Modified Therapeutic Community

Highly structured residential program for individuals who are recovering from both mental illness and substance abuse issues. The program based on peer-community philosophy that assists residents in moving through treatment stages.

Full Care CRR

Program (Agency)	Address Phone & Director	Capacity	Type of Housing	Staffing Hours	Special Services/ Highlights
Circle Lodge	Norristown (Norristown State Hospital grounds) 610-275-1280 Phyllis Wisner	24 Beds Male and Female	Apartments within a larger building	24/7	Alumni Program Nutritionist D&A specialist
Creative Health	Pottstown 610-326-8712 Melanie Norman	12 Beds Male & Female	Apartments within a larger building	24/7	Various activities, community trips, van available.
Milestones (Salisbury House)	Willow Grove 215-884-5566	15 Beds Male & Female	Apartments within a larger building	24/7	Various activities, community trips, van available
Hatfield House (Northwestern Human Services)	Colmar 215-822-9181	10 Beds Male & Female	House	24/7	Various activities, community trips, van available
New Foundations (Resources for Human Development)	Bryn Mawr 610-527-3411 Matt Sarafinas	11 Beds	House	24/7	Various activities, community trips, van available
Yale Program (Resources for Human Development)	Bryn Mawr 610-527-3411	4 Beds	House	24/7	Serves ages 18-21, vocational/ educational focus

Moderate Care CRR

Program (Agency)	Address Phone & Director	Capacity	Type of Housing	Staffing Hours	Special Services/ Highlights
Beginnings (Northwestern Human Services)	Oreland 215-565-0115 Pat Butler	12 Beds Male & Female	Apartments	3-4 hours per week Staff available as needed	Various activities, community trips, van available
Cope House (Northwestern Human Services)	Lansdale 215-565-0115 Pat Butler	12 Beds Male & Female	Apartments	3-4 hours per week Staff available as needed	Various activities, community trips, van available

Licensed Personal Care Homes

Program (Agency)	Address Phone & Director	Capacity	Type of Housing	Staffing Hours	Special Services/ Highlights
Milestones (Salisbury House)	Roslyn 215-884-0142	13 Beds Male and Female	Individual rooms within a larger building	24/7	Private rooms, Various activities, community trips, van available Handicap accessibility Referrals through County Office
Northwestern Human Services	Ft. Washington 215-641-4935	8 Beds Male and Female	House	24/7	Various activities, community trips, van available Referrals through County Office

Milestones	Glenside 215-884-5566	8 Beds Male and Female	House	24/7	Co-op Program Residents have ownership in their home.
New Options I RHD	Norristown 610-292-0225	13 beds Male and Female	House	24/7	Specialized Supported Living Program geared toward persons discharged from Norristown State Hospital. Referrals come through County Office.
Gypsy Lane (Milestones)	Glenside 215-884-5566 Susan Ward	4 beds Male and female	House	On site 24/7	Specialized Supported Living program primarily for persons discharged from Norristown State Hospital. Referrals come through County Office.

Long-term Supported and Specialized Living Programs

Program (Agency)	Address Phone & Director	Capacity	Type of Housing	Staffing Hours	Special Services/ Highlights
Milestones (Salisbury House)	Glenside 215-884-5566	23 Male & Female	Apartments	Highly individualized	Various activities, community trips, van available
Penn Foundation	Sellersville 215-453-5166 Chris Shannon	3 Male & Female	Apartments	3-4 hours per week 24/7 back-up staff located on site	Program serves both Montgomery and Bucks County residents. Weekly Cooking Club and special weekend activities. Alumni program for former residents.
New Options II RHD	Conshohocken 610-292-0225	6 Male and Female	House	24/7	Specialized Supported Living Program geared toward persons discharged from Norristown State Hospital. Referrals come through County Office.
New Options II Annex		3 Male only	Apartment located behind New Options	Less intensive supports provided by New Options staff.	
New Options I		Male or Female	One supported living efficiency apartment		
Creative Health	Pottstown 610-326-8712 Melanie Norman	16 Male and Female	Apartments	20/7	Daily scheduled activities and weekly activities.

Program (Agency)	Address Phone & Director	Capacity	Type of Housing	Staffing Hours	Special Services/ Highlights
Homes Team	(office address) 109 Jenkins Ave. Lansdale, PA 19446 215-362-2841 Scott McCalla	35 Male and Female	Apartments County Wide	Weekly Increased as needed After-hours on-call capacity	Psych Rehab based supported housing program. After hour and weekend activities.
Hedwig House Abington	Abington 215-659-2453 Joe Windish	2	Apartment	Weekly Increased as needed After-hours on-call capacity	Apartment located in same building as clubhouse program. Accessible to staff and activities.
Hedwig House Pottstown	(office address) 1314 High St. Pottstown, PA 19464 610-326-9112 Marita Gallagher	20 Male and Female	Apartments	Weekly Increased as needed After-hours on-call capacity.	Apartment members participate in activities of Hedwig House Clubhouse.
Hedwig House Norristown	(office address) 904 DeKalb St. Norristown, PA 19401 610-279-4400 Eleanor Sieron	29 Male and Female	Apartments	Weekly Increased as needed After-hours on-call capacity	Apartment members participate in activities of Hedwig House Clubhouse.
Hedwig House Lansdale	(office address) 109 Jenkins Ave. Lansdale, PA 19446 215-362-2887	12 Male and Female	Apartments	Weekly Increased as needed After-hours on-call capacity	Apartment members participate in activities of Hedwig House Clubhouse.
Wellsprings	Bryn Mawr				Daily

(RHD)	610-525-5157	42	Apartments	Highly Individualized.	scheduled activities and special weekly activities.
The Workers Residence (Hedwig House)	Norristown 610-279-4400 Dan Sylvester	6	Apartments	Weekly Increased as needed After-hours on-call capacity	Apartments with supports for individuals who are working, or are actively looking for work.
Program (Agency)	Address Phone & Director	Capacity	Type of Housing	Staffing Hours	Special Services/ Highlights
Renaissance Program	Bryn Mawr 610-525-8371 David Sumo	26 Male and Female	Apartments and House	24/7	Specialized Supported Housing program for individuals with both mental health and substance abuse issues. Daily meetings. Four (4) beds are licensed as CRR beds.
Halfway There	Norristown 610-272-8067 Joyce Edwards	16 Male and Female	Apartments	Staff are available on site daily.	Transitional 1-2 yr. supported housing program for persons who are homeless and diagnosed with mental illness.

Positive Resolutions (Resources for Human Development)	(office address) Bldg. # 57 Stanbridge & Sterigere Sts. Norristown, Pa. 19401 610-239-8500 Cameron Pope	17 Male and Female 5 beds are licensed under CRR regulations	Apartments and Houses at 3 separate locations	On site 24/7	Specialized Supported Living program primarily for persons discharged from Norristown State Hospital. Referrals come through County Office.
Milestones Deaf Services Residence	Roslyn 215-884-5566 call to request TTY Number (main office) Wendy Heines	11	Apartments within larger building	24/7	Specialized Supported Living program For consumers who are deaf.

Modified Therapeutic Community

Program (Agency)	Address Phone & Director	Capacity	Type of Housing	Staffing Hours	Special Services/ Highlights
The Grove House Pennsylvania Institute for Community Living	Willow Grove, PA 215-706-4330 Casandra Linares	15 Male and Female	House	24/7	program for individuals recovering from both mental illness and substance abuse issues.

Crisis Residential Program

Program (Agency)	Address Phone & Director	Capacity	Type of Housing	Staffing Hours	Special Services/ Highlights
The Ranch House	Norristown 610-6331-2480 Gary Bilski	8 Male and Female	House	24/7	Short term residence for adults who are experiencing psychiatric crisis.

Regional Programs

The Montgomery County Office of Mental Health in coordination with The Regional Mental Health Services Office now serves consumers in regional residential programs. The following list describes the types of programs offered. All Montgomery County referrals are directed to The Montgomery County Office of Mental Health.

Long Term Structured Residence (LTSR)

An LTSR is a highly structured therapeutic residential mental health treatment facility which is licensed by OMHSAS under title 55, chapter 5320. It is a secured setting with intensive staff support and a full array of clinical services are offered on site. It is designed to serve persons 18 y.o. or older who are eligible for hospitalization but who can receive an adequate level of care in a non-hospital setting. Residents are admitted on mental health commitments either voluntarily under legal section 201 or involuntarily under legal sections 304, 305 or 306 of the Mental Health Procedures Act.

Specialized Full Care CRR

The Full Care CRR programs are a supervised licensed residential program designed to assist the individual in the development of daily living skills and social supports. The Full Care CRRs provide 24-hour staffing. These programs are time limited and intended to be transitional with people moving on to more independent living arrangements.

The regional CRR provides specialized services for consumers with sexual aberrant behavioral issues. The length of stay is anticipated to be considerably longer than the traditional CRRs.

Long-Term Supported/Specialized Living

Supported Living and Specialized shared housing programs offer support services and/or housing assistance to individuals with mental illness. Generally these are shared apartments in the community where a person can stay as long as he or she desires. Support services vary according to the individual's needs and preferences. Some specialized programs have been designed to offer supports to individuals who are being discharged from Norristown State Hospital.

REGIONAL PROGRAMS – ALL REFERRALS COME THROUGH THE COUNTY OFFICE AND ARE DIRECTED TO THE REGIONAL MENTAL HEALTH SERVICES COORDINATION OFFICE

Program (Agency)	Address Phone & Director	Capacity	Type of Housing	Staffing Hours	Special Services/ Highlights
Durham House (Milestones)	Pipersville, Pa. (Bucks Cty.) John Bulman 215-766-9297	16 Male and Female (5 designated for Montco)	House (congregate living with shared & private rooms)	24/7	Long-term residence, which serves as an alternative to hospitalization.

Program (Agency)	Address Phone & Director	Capacity	Type of Housing	Staffing Hours	Special Services/ Highlights
STAR II (Carelink)	Norristown State Hospital Stanbridge & Sterigere Sts.Norristown, Pa. 19401 610-270-9120	5 Males only (2 designated for Montco)	Single rooms within a larger structure	On site 24/7	Provides specialized supports for consumers with sexual aberrant behavioral issues.

Program (Agency)	Address Phone & Director	Capacity	Type of Housing	Staffing Hours	Special Services/ Highlights
Friendship Manor (Carelink)	Pottstown 610-327-1886	9 Males and Females (3 designated for Montco)	Shared apartments in a larger structure	On site 24/7	Specialized Supported Living program primarily for persons discharged from Norristown State Hospital.
NOVA II (Resources for Human Development)	Phila. Pa. 215-452-0155	20 Males and Females (3 designated for Montco)	Shared apartments in a large complex	On site 24/7	Provides specialized supports for consumers who are medically fragile.
Unity Villa (Elwyn)	Phila., Pa. 215-937-0567	24 Males and Females (7 designated for Montco)	Shared apartments in 3 separate houses	On site 24/7	Specialized Supported Living program which provides personal care level of supports.

PHILADELPHIA OFFICE OF
BEHAVIORAL HEALTH

1101 Market Street 7th Floor
Philadelphia, PA 19107

<http://www.phila.gov/health/units/mh/index.html>

PHILADELPHIA OFFICE OF BEHAVIORAL HEALTH

ACCESS TO ALTERNATIVE SERVICES

RESIDENTIAL OPTIONS

Entry level

<i>Progressive Demand Residence (PDR)</i>	Sites: 14	Capacity: 316
Shelter/Safe Haven	<i>Sites: 8</i>	<i>Winter Cap: 180</i> <i>Summer Cap: 165</i>

TRANSITIONAL

Generic Populations

<i>Intensive Community Rehabilitation Residence (ICRR)</i>	Sites: 1	Capacity: 12
<i>Behavior-Shaping</i>	<i>Sites: 5</i>	<i>Capacity: 59</i>
<i>Rehabilitative Intensive Therapeutic Arrangement (RITA)</i>	Sites: 3	Capacity: 36
<i>Maximum care CRR</i>	<i>Sites: 15</i>	<i>Capacity: 246</i>
<i>Moderate care CRR</i>	<i>Sites: 6</i>	<i>Capacity: 85</i>

Specialized Populations

<i>Residential Treatment Facility – Adult (RTFA/RINT)</i>	Sites: 2	Capacity: 46
<i>ICRR – MH/D&A</i>	<i>Sites: 3</i>	<i>Capacity: 39</i>
<i>Community Living Arrangement (CLA)</i>	Sites: 22	Capacity: 66
<i>Psychogeriatric</i>	<i>Sites: 5</i>	<i>Capacity: 93</i>
<i>ICRR -- Forensic</i>	<i>Sites: 3</i>	<i>Capacity: 44</i>
<i>Specialized CRR</i>	<i>Sites: 10</i>	<i>Capacity: 52</i>
<i>Specialized Residence</i>	<i>Sites: 24</i>	<i>Capacity: 181</i>

“PERMANENT”

<i>Supported Independent Living (SIL)</i>	Providers: 17	Capacity: 302
<i>Supported Housing Program (SHP)</i>	Sites: 33	Capacity: 392

ACCESS TO ALTERNATIVE SERVICES

The Philadelphia County Office of Mental Health/Mental Retardation established the Access to Alternative Services unit in September, 1996, to provide centralized gatekeeping of the County Office-subsidized residential system. Please note that while AAS authorizes clients' admission to and discharge from the programs, which comprise the residential system, each individual program generally reflects the different policies and philosophies of the provider agency, which operates it.

Eligibility Criteria

In order for AAS to accept a referral, clients must meet the following minimum eligibility criteria: Clients must be residents of Philadelphia for at least six months (exclusive of any institutionalization, e.g., prison, nursing home, shelter, hospital, etc.) prior to the submission of a referral;

Clients must be over 18 years old (Resources in the Children's system will first be explored for clients between 18 and 21 years of age);

Clients must have a priority-targeted mental illness diagnosed by a psychiatrist;

Clients must be willing to accept placement since all of the residential programs are voluntary (except for the LTSR level of care);

Clients' incomes should not exceed \$1000 per month (AAS explores any extraordinary financial obligations and/or clinical needs of clients whose income exceeds \$1000 per month); and,

Clients who have any connection to the Veteran's Administration will be referred to that agency prior to consideration for residential placement.

Please note that there are additional eligibility criteria for specific levels of care.

Psycho geriatric programs generally require clients to be between 55 and 60 years of age, or older;

Only mental health/drug & alcohol programs and certain PDRs can accept clients with less than six months sobriety;

The "graduate-level" housing programs generally require that clients have a minimum income approximating the average payment from SSI (supplemental security income) in order to be able to purchase food and necessary personal items. Also, clients who are already living in an emergency or transitional housing program under the auspices of the County Office of Mental Health are prioritized for "graduate-level" housing programs.

RESIDENTIAL AVAILABILITY

Please note that the residential system has maintained an average occupancy during the past several years between 94% and 97%. Almost every program has a waiting list for the beds (or slots) which it may have vacant; it is simply waiting to determine if the next client to be admitted from its waiting list is available for placement.

Residential Options

Level of Care

For clients...

I. Entry Level Housing Programs

Progressive Demand Residences

...Who are willing to accept some minimal level of structure or those who are being discharged precipitously from a hospital or are in urgent need of placement. These programs do not initially require that clients participate in meaningful daytime activities and they will generally accept clients who are active in their drug or alcohol abuse – as long as they do not present a danger to themselves, to others, or to property. These clients are generally ready to accept greater responsibility than those in shelters.

Note: Three PDRs provide MH/D&A programs. Several of the PDRs are gender-specific, accommodating only men or women, but, not both. A few PDRs do not tolerate active D&A abuse and/or may require a minimum period of sobriety.

II. TRANSITIONAL HOUSING PROGRAMS

Serving a Generic, Severely Mentally Ill Population *Unless otherwise noted, these residences provide staffing 24 hours per day, 7 days per week.*

RITA Rehabilitative Intensive Therapeutic Arrangement

ICRR Intensive Community Rehabilitation Residence

...In need of a comparatively structured setting. These clients tend to present greater behavioral challenges and generally need a higher client-to-staff ratio.

Note: Other ICRRs deal with other, more specific populations and are listed below.

BEHAVIOR-SHAPING *...In need of a comparatively structured setting. This program also specifically employs behavior-modification techniques in dealing with clients with specific behaviors to be “extinguished” or modified.*

MAX CARE CRR *...With sufficient living skills such that they don't require more*

intensive structure. These clients generally go off-site to “meaningful daytime activities” (e.g., partial hospital or social rehabilitation programs, vocational training, volunteer work, sheltered workshop or part-time employment, educational programs, etc.).

Note: The Maximum care CRRs may either be congregate or apartment-style. Two of these programs are gender-specific.

MOD CARE CRR ...With substantial independent living skills, but, who are not yet ready to move into “permanent housing”. These clients are also expected to go off-site to meaningful daytime activities. These programs are routinely apartment-style and staff is generally not available during the day or overnight.

Note: All of the CRRs generally require clients to be “clean and sober” for a minimum of six months – as do almost all of the non-MH/D&A residences.

Serving Specialized Populations with Severe Mental Illness and other Co-occurring Problems

RTFA Residential Treatment Facility - Adult

(formerly **RINT**) ...With the greatest need for structure or the deepest commitment amongst those with co-occurring mental health and drug and alcohol abuse issues.

ICRR ...Who need an MH/D&A program with a less intensive client-to-staff ratio – either because the client lacks the need or the commitment for such intensity.

Note: One site accommodates only males.

CLA Community Living Arrangement

...With co-occurring MH/MR problems. These settings are generally three-person sites with almost one-to-one staffing. Clients are not generally expected to “graduate” to more independent settings from this level of care.

Note: These sites are generally gender-specific.

PSYCHO GERIATRIC ...With co-occurring MH/geriatric needs. These programs generally expect clients to be 55 to 60 years or older.

Note: Like the Max and Mod care CRRs, some programs are congregate while others are apartment-style.

ICRR ... With co-occurring MH/forensic problems. Its clients are generally referred from prison. It provides more intensive staffing and structure for clients anticipated to be more challenging.

Note: Two sites accommodate male clients only.

SPECIALIZED CRR ...With co-occurring MH/medical needs. They are generally three-person sites and the clients who occupy these beds are considered to be virtually “permanent”, anticipated to remain for as long as they need to.

Note: Several sites are gender-specific.

SPECIALIZED RESIDENCE ...With multiple needs. Specific populations addressed include those with medical needs, young men who with more challenging behaviors and are “aging out” of children’s programs, etc.

PERMANENT HOUSING PROGRAMS

Clients in these programs have already “graduated” from the more structured, group housing programs, but are not yet quite ready to live completely independently.

SHP Supported Housing Program

...Who are independent, with the assistance of a support team, which commonly has contact with the client up to two hours or more per week, as needed. The apartments are frequently “clustered” in a single building. These programs commonly include HUD funding which requires that clients have a history of homelessness. When a client “graduates” from this program, he or she needs to find other housing arrangements (with assistance, as needed).

SIL Supported Independent Living

...Who are independent, with the assistance of a support team, which commonly has contact with the client up to two hours or more per week, as needed. These apartments are commonly “scattered” throughout the city. When a client “graduates” from this program, he or she commonly remains in the apartment; the support team is simply withdrawn.